

Pre-Treatment Dermaplaning:

- No use of retinoids or retinols 7 days prior to treatment.
- No use of Accutane within the last 6 months.
- No prolonged sun exposure to the face 24 hours prior to your treatment. A Dermaplaning treatment will not be administered on sunburned skin.
- No Neuromodulator or Dermal Fillers 2 weeks prior to Dermaplaning.
- If an active or extreme breakout occurs before treatment, please consult your provider.

Post Treatment Dermaplaning:

- Skin will be left more susceptible to irritation, breakouts, and sensitivity to certain products.
- Please be advised that due to surgical blades on the skin, you may be left with nicks or small cuts that will heal withing a week. Keep skin clean to avoid infection of open skin.
- Do no us any form of exfoliation for at least 48 hours after treatment (chemical or physical).
- Avoid the use of any AHA's, BHA's, or Retinoids for 24 hours following treatment.
- Avoid prolonged sun exposure for 2 weeks after treatment. Use a medical grade broad spectrum UVA/UVB of SPF 30 or greater at all waking hours.

Expected Skin Reactions and Results:

- Skin will be left without any vellus hair (peach fuzz), and dead skin will be removed from the surface.
- Redness, tingling or burning can be expected for the first few hours following treatment.
- Irritation and sensitivity may be present for the first few days following treatment.
- Some patients experience mild breakouts within a few days after treatment.

If there is any concern during your healing process, please call our office 916-242-2662.



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